

Important Contacts

This tool is intended to organize the contact information related to your treatment plan. In the spaces provided, write the names and phone numbers of your healthcare providers. Also fill out the spaces provided of important contacts who are part of your support network. You can keep this information in your wallet so it's easily accessible.

<i>My Healthcare Providers</i>	<i>Name</i>	<i>Phone</i>
Primary Care		
Mental Health Care		
Pharmacy		
Emergency Contact		9-1-1
Psychiatric Emergency Service		(734) 936-5900

<i>My Important Contacts</i>	<i>Name</i>	<i>Phone</i>

For More Information

University of Michigan Depression Center
1-800-475-MICH or 734-936-4400

www.campusmindworks.org/

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