

campus**mind**works.org



Tracking Benefits of Your Medication

Medication Name:	Treatment Purpose:
Date Medication Started:	

Before Treatment			After	Treatment	Improvement	
My Symptoms	Frequency	Severity	Frequency	Severity	Amount	
		□ Very mild		□ Very mild	□ No	
		□ Mild		□ Mild	improvement	
		□ Somewhat		□ Somewhat	□ Very little improvement	
		mild		mild	□ Little	
		□ Somewhat		□ Somewhat	improvement	
		severe		severe	□ Some improvement	
		□ Severe		□ Severe	□ Much	
		□ Very		□ Very	improvement	
		severe		severe	□ Very much improvement	
		□ Very mild		□ Very mild	□ No	
		□ Mild		□ Mild	improvement	
		□ Somewhat	□ Somewha	□ Somewhat	□ Very little improvement	
		mild		mild	□ Little	
		□ Somewhat		□ Somewhat	improvement	
		severe		severe	□ Some improvement	
		□ Severe		□ Severe	□ Much	
		□ Very		□ Very	improvement	
		severe		severe	Very much improvement	

		Very mild		Very mild		No
		Mild		Mild		improvement
		Somewhat		Somewhat		Very little improvement
		mild		mild		Little
		Somewhat	П	Somewhat	_	improvement
		severe		severe		Some
						improvement
		Severe		Severe		Much
		Very		Very		improvement Very much
		severe		severe		improvement
		Very mild		Very mild		No
		Mild		Mild		improvement
	П	Somewhat	П	Somewhat		Very little
		mild		mild		improvement Little
	П	Somewhat		Somewhat		improvement
						Some
		severe		severe		improvement
		Severe		Severe		Much
		Very		Very		improvement
		severe		severe		Very much
		Very mild	П	Very mild		improvement No
		Mild		Mild		improvement
						Very little
		Somewhat		Somewhat		improvement
		mild		mild		Little
		Somewhat		Somewhat		improvement
		severe		severe		Some improvement
		Severe		Severe		Much
		Very		Very		improvement
		severe		severe		Very much
						improvement

For More Information

University of Michigan Depression Center 1-800-475-MICH or 734-936-4400

www.campusmindworks.org/

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